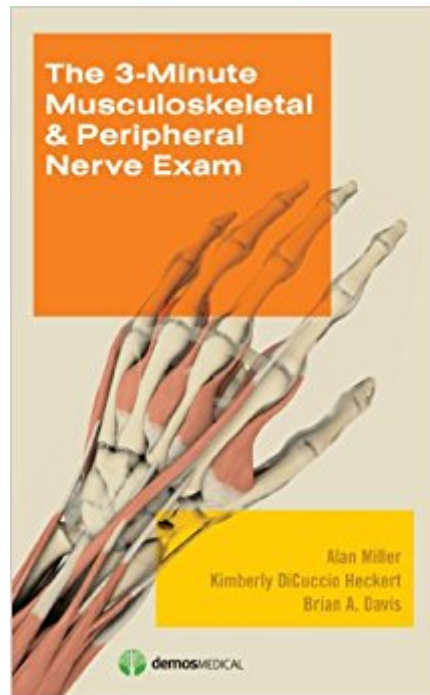




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# The 3-Minute Musculoskeletal & Peripheral Nerve Exam



## Synopsis

"With over 200 techniques available for examining different muscles and joints, it is impractical to accurately remember them all. But now there is a shortcut: The 3-Minute Musculoskeletal & Peripheral Nerve Exam is a clear, concise, and accessible reference for conducting a thorough musculoskeletal and peripheral nerve examination in a clinical setting. With a consistent presentation of each examination technique, this pocket-sized guide is both a tutorial for students and a reference for experienced practitioners. Each examination includes detailed photographs of models with labeled structures, and a standard format that covers: What action the patient performs What action the examiner performs Findings that indicate a positive test What the positive test signifies Covering a comprehensive collection of the conditions for which a patient would seek medical care, The 3-Minute Musculoskeletal & Peripheral Nerve Exam features: Small, discreet trim size, perfect for quick review prior to seeing a patient Extensive use of detailed photographs for each exam A section on the American Spinal Cord Injury Association examination and classification protocols An illustrative tutorial on gait and posture A comprehensive table of clinically relevant muscles and their action, location for EMG/Botox needle placement and nerve/root innervation A quick reference guide to all of these conditions and procedures The 3-Minute Musculoskeletal & Peripheral Nerve Exam will aid in the evaluation of joint problems through physical exam maneuvers and will teach the detection of muscle weakness and the examination of peripheral nerves and reflexes. It is an essential means of quick reference for residents and clinicians in physiatry, neurology, pain medicine, orthopedics, internal medicine, and family practice."

## Book Information

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## Customer Reviews

The illustrations, diagrams, and tables of the musculoskeletal exam are the highlights of this quick reference. The step-by-step exam explanations are perfect for trainees, providing medical students, residents, therapists, and some practitioners with a great resource. It also serves well as a teaching reference for trainees and primary care providers.C -Susan Hillary Nack, DO (Rehabilitation Institute of Chicago), -- Doody Reviews

Alan Miller, MD is a pain fellow at the Thomas Jefferson School of Medicine, Philadelphia, Pennsylvania||Kimberly Heckert, MD is a stroke fellow at Kessler Medical Rehabilitation Research and Education Center in Newark, New Jersey.|Brian A. Davis, MD is an Associate Professor in the Department of PM&R at the University of California Davis Medical Center

I ordered this book to use on a PM&R rotation in my 4th yr of med school and it was very helpful! The book has short descriptions and picture guides to all the musculoskeletal tests for each joint and/or muscle group.The only thing I should have been lacking was the innervation and nerve roots listed along with the tests. Sometimes they were listed, but not always. I suppose you can find it elsewhere in the book.Overall, nice pocket-sized book full of information to help out with any MSK or Neuro exam.

will take you a long time and complicated exam , certainly not 3 minutes

It is a good reference to have. Love the detail on some of the orthopedic maneuvers and special exams.

excellent resource. As an orthopedic physical therapist I found this book to be a great way to quickly review the tests I need for each joint

Great quick reference while doing clinical rounds.

I think the book is good, but would not use it as the only tool during an ortho or neuro rotation.

Pictures are not as good as those British physical exam handbooks. I was a little disappointed. I think I would not have bought it had I read it in a book store. But I would still read it from time to time, since there is no perfect book in this category that I could find.

This book was a gift for a friend who is an RN in a regional hospital in Arizona. Here are her comments:"Our ER out here in cowboy country sees lots of seasonal rodeo injuries. This little book is a good, quick reference for our permanent staff, as well as medical students and residents rotating through. I especially like chapter 6, Spinal Chord Injury Exam, and the references and resources at the back. Thanks!"

Exams listed and conditions are good but does not have a good Table of Contents and the pictures are kind of little and hard to see on a tablet. Content is very good, just a few items for improvement (TOC and ability to blow up pictures.)

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